

WorkFIT; Getting your Workers Fit to Function

WorkFIT is designed for employers who want to be industry leaders in the proactive management of employee health and safety. WorkFIT employs experienced therapists to treat musculo-skeletal complaints before they become a problem and provide solutions for managing an injury free workplace. Musculo-skeletal strains and sprains account for 1/3 of all work related injuries, and account for the largest expense in statutory claim payouts (average finalised claim cost for a shoulder \$ and back \$). By providing onsite or offsite rehabilitation and injury prevention, employers are able to meet their responsibility under the Work Health & Safety Act 2011 of ensuring that the health of workers and conditions at the workplace are monitored to prevent injury arising from the conduct of their business.

WorkFIT enables employers to:

- Provide a proactive, rather than a reactive approach to employee health.
- Prevents minor aches and pains from turning into WorkCover claims.
- Reduces employee absenteeism and lost time injuries.
- Increases productivity by maintaining employees at work.
- Improves morale and job satisfaction resulting in less turnover of staff and higher productivity.
- Encourages a healthy work culture.
- Treatment remains focused to recovery of function at work.

